



## Personal and Contact Information

**First Name** Kimia

**Last Name** Karami

**Gender** Female

**Nationality:** Iranian

**City:** Khorramabad

**Country:** Iran

**E-mail:**

karami.k@lums.ac.ir

**Telephone:**

06633120140



Link

Files

**Last Update:** 1.5.2025

## Education

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❖ Specialty/PhD (Nursing education, University of social welfare and rehabilitation sciences 2017)

Thesis (Exploring the process of ethical practice learning in nurses work in pediatric ward, Supervisor: Prof. Sadat Maddah)

❖ Master of Science (Pediatric nursing, Ahvaz Jondishapur University of Medical Sciences 2008)

❖ Thesis (Effect of educational- supportive interventions on premature infants' length of hospitalization and maternal stress: Dr Shahnaz Rostami 2005)

❖ Bachelor of Science (Nursing, Isfahan university of medical sciences, 1994)

❖ Related degree (Field of Study, Name of University, Year Graduated)





## Honors, Awards, and Scholarships (if available)

- Top Student, Ahvaz Jondishapur University of Medical Sciences 2008
- Selected female lecturer by the Family and Women Support Association of Lorestan Province 2009
- Receiving a plaque of appreciation from Lorestan University of Medical Sciences Development Center 2009
- Receiving a plaque of appreciation from the Red Crescent Youth Organization 2010
- Top Professor of Lorestan University of Medical Sciences in 2019

## Experiences

### 1. Scientific position—Assistant Prof.

### 2. Clinical Experiences—1 year

### 3. Teaching Experiences--- 11 years

## Grants

**1- NURSES EXPERIENCE OF THE LEARNING OF ETHICAL PRACTICE A QUALITATIVE STUDY, NATIONAL CENTER FOR STRATEGIC MEDICAL EDUCATION RESEARCH, 2018**

**2- IDENTIFYING AND ANALYZING THE FACTORS AFFECTING THE PROFESSIONAL ETHICS OF MEDICAL STUDENT, NATIONAL CENTER FOR STRATEGIC MEDICAL EDUCATION RESEARCH, 2018**





**3- THE COMPARISON OF TWO METHODS OF LEARNING TBL AND LECTURE TEACHING ON NURSING STUDENTS SATISFACTION AND PERCEIVED STRESS IN MATERNAL AND NEONATAL HEALTH COURSE, NATIONAL CENTER FOR STRATEGIC MEDICAL EDUCATION RESEARCH, 2019**

**4- DEVELOPING THE QUALITY ASSESSMENT OF CLINICAL QUALIFICATION TEST FOR NURSING STUDENTS, NATIONAL CENTER FOR STRATEGIC MEDICAL EDUCATION RESEARCH, 2019**

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### Supervisor

**1- THE EFFECT OF EMOTIONAL INTELLIGENCE (EI) TRAINING ON NURS`S RESILIENCY AND GENERAL HEALTH IN ICU, STUDENT: LEILA LACK**

**2- THE EFFECT OF MASSAGE ON THE QUALITY AND QUANTITY OF SLEEP OF CHILDREN ADMITTED IN KHORRAMABAD CITY IN THE YEAR 2019, STUDENT: YOUSRA RAZIANI**

**3- THE EFFECT OF STORYTELLING ON ANXIETY IN HOSPITALIZED CHILDREN AND PARENTS STRESS IN EDUCATIONAL HOSPITALS IN KHORRAMABAD 2018, STUDENT: SHADI NAZARY**

**4- COMPARISON OF THE GROWTH AND DEVELOPMENT AND ITS RELATED FACTORS OF 60-MONTH-OLD URBAN CHILDREN IN URBAN AND THE MARGINAL KINDERGARTENS OF IN KHORRAMABAD CITY 2019, STUDENT: FATEMEH RAOFIMEHR**

**5- THE EFFECT OF ROSEMARY TOPICAL OINTMENT, ON THE INCIDENCE, SEVERITY OF PHLEBITIS AND PERIPHERAL VASCULAR CATHETER SURVIVAL TIME HOSPITALIZED NEONATE STUDENT: AZADEH NASROLLAHNEJAD**

### Advisor

**1- The experiences of children with cancer in their adaptation to their illness**

**2- Comparative study of the effect of acetaminophen combined warm water with acetaminophen combined with marshmallow in reducing fever in children**





- 3- **Comparison of the effect of maternal and grandmother kangaroo infant care on vital signs of premature and low birth weight neonates admitted Lorestan University of Medical Sciences Hospitals of Khorramabad**

### Publication

- **Book---**  
Collection of nursing tests, Tehran Technical Complex Publications 2005
- Translation the book of Guidelines for the programmatic of drug-resistant, tuberculosis emergency update/2008 authors word health organization.

### Articles

- **Family psycho education: An adjunctive intervention for mood disorder patients, IJNMR, volume 14 No.1 2009**
- **Iranian Pediatrics nurse's experiences of ethical practice: a qualitative research, ACTA MEDICA MEDITERRANEA ,International Journal of Clinical Medicine ,Date: 12 September-2016 ,ACCEPTANCE LETTER**
- **Iranian pediatric nurse's experience: ethical practice learning facilitators, Iranian journal of nursing and midwifery Research, October 2016**
- **The Effect of Vestibular Training on the Quality of Life and Components of Physical Fitness in the Inactive Elderly, Int J Med Invest 2019; Volume 8; Number 3; 55-67**
- 
- **A systematic review of Antihypertensive effects of Medicinal plants in Asteraceae family. Journal of Critical Reviews. 2020;7**
- 
- A review of risk factors and new insights into treatment. Current Cancer Therapy Reviews. 2021;17(3):207-33.**





- **Effects of multipisode case-based learning (CBL) on problem-solving ability and learning motivation of nursing students in an emergency care course. Journal of Professional Nursing. 2021;37(3):612-9.**
- **A review of child abuses and its management in Iran. studies. 2020;7(19):2020.**
- **Effects of french lavender aromatherapy on the level of pain and the amount of medications prescribed to reduce post-appendectomy pain: a single-blind randomized clinical trial. Journal of Archives in Military Medicine. 2020;8.(۳)**
- **Aromatherapy with lavender essential oil in patients with surgery-related anxiety: a systematic review. Research Journal of Pharmacognosy. 2021.**
- **The effect of vestibular training on the quality of life and components of physical fitness in the inactive elderly. International Journal of Medical Investigation. 2019;8(3):55-67.**
- **Hepatoprotective Effects of Herbal Medicines against Non-alcoholic Fatty Liver Disease: A Systematic Review of Clinical and In Vivo Studies. Current Traditional Medicine. 2021;7(6):42-9.**
- A Review Study of the Role of Socioeconomic Status and its Components in Children's Health. Global Journal of Medical, Pharmaceutical, and Biomedical Update. 2021;16.**
- Role of Organic and Inorganic Nanoparticles in the Drug Delivery System for Hypertension Treatment: A Systematic Review. Current Cardiology Reviews. 2022;18(1):89-100.**
- **Prediction of the Effective Factors on the Incidence of COVID-19 Disease in Hospitalized Patients using Statistical Modeling .Yafteh. 2022;23.(۵)**
- Raoufimehr F, Ghasemi SF, Valizadeh F, Birjandi M, Karami K. Comparing Growth and Development and Related Factors in 60-Month-Old Children in Urban and Suburban Kindergartens of Khorramabad, Iran in 2020. Evidence Based Care. 202۲.۴۸-۵۵:(۳)۱۲;۲**





➤ **2.Articles (In Persian)**

- 
- **Effect of educational- supportive interventions on premature infants' length of hospitalization and maternal stress. yafte. 2009; 11 (2) :67-73**
- **The effect of corrective exercises on musculoskeletal disorders of Khoramabad workers. Journal of Shahrekord University of Medical Sciences 17.**
- 
- **Determining the effect of endurance and strength training on glycosylated hemoglobin and fasting blood sugar in patients I have type 2 diabetes. 2012; 13(1) :65-72**
- 
- **Minimum energy for weight loss and changes in blood lipid levels in individuals with high body mass index". Research in sport Physiology.Vol 1, Issue (2013) 1:23-28**
- 
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- **Impact determination of strength and resistance training on Glycoside hemoglobin and blood sugar on patients with type II diabetes". Yafteh 13 (3), 75-81**
- 
- **A comparison of life quality and public health after natural and cesarean delivery in women referred to khorramabad health centers in 2009-2011. Yafteh 14 (4), 59-69**
- 
- **Evaluation criteria and factors associated with the development of one year old children in Khorramabad. JPEN. 2015; 1 (3) :57-64**
- 
- **The Effect of an Active Educational Method on Critical Thinking of Nursing Students in Lorestan University of Medical Sciences. Iranian Journal of Medical Education. 2014; 14 (5) :403-410**
- 
- **Complementary Therapy in Patients with Multiple Sclerosis, Iran Journal of Nursing (IJN) Vol. 25, No. 77, Aug 2012: 12-20**





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- **The Effect of Emotional Intelligence Training on Mental Health of Nurses in the Intensive Care Unit. Journal of Nursing Education (JNE). 2020;9.(۳)**
- **The effect of the type of exercise training on the expression of apolipoprotein 1 and 2 genes in the liver tissue of male Wistar rats. Scientific journal of Ilam University of Medical Sciences. 2019;27(2):30-40.**
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- **Article (in English)**
- 
- **Family psycho education: An adjunctive intervention for mood disorder patients, IJNMR, volume 14 No.1 2009**
- **Iranian Pediatrics nurse's experiences of ethical practice: a qualitative research, ACTA MEDICA MEDITERRANEA ,International Journal of Clinical Medicine ,Date: 12 September-2016 ,ACCEPTANCE LETTER**
- **Iranian pediatric nurse's experience: ethical practice learning facilitators, Iranian journal of nursing and midwifery Research, October 2016,**
- **The Effect of Vestibular Training on the Quality of Life and Components of Physical Fitness in the Inactive Elderly, Int J Med Invest 2019; Volume 8; Number 3; 55-67**
- **Aromatherapy with Lavender Essential Oil in Patients with Surgery-Related**
- **Anxiety: a Systematic Review, Research Journal of Pharmacognosy (RJP) 8(4), 2021: 101–111**
- **A SYSTEMATIC REVIEW OF ANTIHYPERTENSIVE EFFECTS OF MEDICINAL PLANTS IN**
- **ASTERACEAE FAMILY, Journal of Critical Reviews, ISSN-2394-5125 Vol 7, Issue 14, 2020**
- **Breast Cancer: A Review of Risk Factors and New Insights into Treat-ment, Current Cancer Therapy Reviews, 2021, 17, 1-26**
- **Effects of multiepisode case-based learning (CBL) on problem-solving ability and learning motivation of nursing students in an emergency care course, Journal of Professional Nursing 37 (2021) 612–619**





- **A REVIEW OF CHILD ABUSES AND ITS MANAGEMENT IN IRAN, Journal of Critical Reviews ISSN- 2394-5125 VOL 7, ISSUE 19, 2020**
- **Effects of French Lavender Aromatherapy on the level of Pain and the Amount of Medications Prescribed to Reduce Post-Appendectomy Pain: A Single-Blind Randomized Clinical Trial, J Arch Mil Med. In Press(In Press):e109092. Published online 2020 October 26.**
- **A COMPARISON OF TBL AND LECTURES ON THE SATISFACTION AND PERCEIVED STRESS OF UNDERGRADUATE NURSING STUDENTS TAKING THE MATERNAL AND INFANT HEALTH COURSE, Innovate International Journal of Medical & Pharmaceutical Sciences, 2020; 5(6)**
- **The Effect of Holy Quran On Anxiety, Stress, And Depression in Iranian People; A Systematic Review, International Journal of Pharmaceutical Research | July - Sep 2021 | Vol 13 | Issue 3**
- **Comparing Growth and Development and Related Factors in 60-Month-Old Children in Urban and Suburban Kindergartens of Khorramabad,**
- **A systematic review of Antihypertensive effects of Medicinal plants in Asteraceae family. Journal of Critical Reviews. 2020;7**
- **A review of risk factors and new insights into treatment. Current Cancer Therapy Reviews. 2021;17(3):207-33.**
- **Effects of multiepisode case-based learning (CBL) on problem-solving ability and learning motivation of nursing students in an emergency care course. Journal of Professional Nursing. 2021;37(3):612-9.**
- **A review of child abuses and its management in Iran. studies. 2020;7(19):2020**
- **A comparative study of the effects of Kangaroo care by mothers and maternal grandmothers on the vital signs of hospitalized preterm newborns: a randomized controlled clinical trial study**
- **Falling and rising in the vortex of cancer : children's adaptation with cancer: a qualitative study**
- **The Effect of Spiritual Care Based on Sound Heart Pattern on Adjustment of Cancer Children Undergoing Chemotherapy**





- Mothers' experience of children undergoing congenital heart diseasesurgery:A Qualitative study
- Effects of multiepisode case-based learning (CBL) on problem-solving ability and learning motivation of nursing students in an emergency care course
- The effect of vestibular training on the quality of life and components
- Effects of French Lavender Aromatherapy on the Level of Pain and the Amount of Medications Prescribed to Reduce Post-Appendectomy Pain: A Single-Blind Randomized Clinical Trial
- Astragalus adscendens extract shows antidiabetic effects through controlling oxidative stress, inflammation and apoptosis in streptozotocin-induced diabetic rats
- Breast Cancer: A Review of Risk Factors and New Insights into Treat-ment
- Experiences and challenges of nursing education in response to the COVID-19 pandemic: A qualitative study in Iran
- The effect of exercise on sleep habits of children with type 1 diabetic: a randomized clinical trial
- Hepatoprotective Effects of Herbal Medicines against Non-alcoholic Fatty Liver Disease: A Systematic Review of Clinical and In Vivo Studies
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## Abstract



## 2.National

**Reviewer of national and international scientific journal**





## Editorial Board of Medical Journals

- Journal of Health Promotion Management (JHPM)
- Medical Ethics Journal
- Yafteh Quarterly Research Journal
- Aflak Quarterly Research Journal

## Workshop

- Participate in the educational leadership course, Tehran University of Medical Sciences 2019
- Course planning course (curriculum writing) 2018
- Student Evaluation Workshop 2017

## Interest

Medical education  
Pediatric of nursing  
Ethics

## Language Proficiency

Speaking

Reading

Writing

Listening

Language

Degree of Proficiency

